



simply blood

Deconstructing Blood Cell Research
Building the Hematology Community



ISEH 2022: Exploring Scotland



- May 25, 2022



Are you still planning your conference schedule for 2022? This is your reminder to pencil in the [ISEH 51st Annual Scientific Meeting](#) being held in Edinburgh, Scotland from 1-4 September, 2022. Apart from amazing science, education, and networking opportunities, Scotland is always worth a visit. Why not explore the many castles in various parts of Scotland, including Balmoral Castle in beautiful Deeside? Experience the Highlands by going up north to Aviemore, the outdoor central of Scotland, or to stunning Glencoe, the backdrop to many films. Apart from the many Scottish traditions such as Tartan, Haggis, and Bagpipes, there is obviously Scottish Whiskey to be appreciated with more distilleries scattered around Speyside than anywhere else in Scotland. Make use of Scotland's excellent travel system by train (Scotrail), by bus (megabus or citylink), or rent a car if you fancy legally driving on the other side of the road (Note: in the UK drive on the left hand side!).

Stirling Castle, Strilginshore, ca.1 hr travel from Edinburgh: Stirling is a picturesque market town on the edge of the Highlands, boasting an impressive castle, small alleys with local shops, and the Wallace Monument. For those who are interested in learning more about Scottish history, Stirling is where William Wallace led his troops to victory at The Battle of Stirling Bridge. The monument tells the story of Scotland's National Hero.

Balmoral and Royal Deeside, ca. 3 hrs travel from Edinburgh: Fancy exploring the castles of Scotland?

No other area has more castles than Aberdeenshire with the most famous one being the Queen's Residence Balmoral. A good spot to stay is Braemar, from where the extensive forest areas of Deeside can be explored.

Glencoe, ca. 3 hrs travel from Edinburgh: If you loved the Daniel Craig James Bond films and fancy to trace his steps, look no further! Glencoe is arguably the most spectacular valley in Scotland, surrounded by high mountains and rugged landscape. Plenty of walking and water sports activities are available in this area with good accommodation in Glencoe, Ballachulish, or Fort William.

Aviemore, ca. 2.5 hrs travel from Edinburgh: Aviemore is a vibrant hub in the heart of the Highlands, offering a range of outdoor activities aside from walking, skiing, and cycling. Try dog sledding all year round or visit the impressive Highland Wildlife Park where you can take a car safari to see animals resident to the Northern Hemisphere.

Whiskey Trail in Speyside, ca. 3 hrs from Edinburgh: Not far from Aviemore lies Speyside, where all Whiskey lovers can follow the Whiskey trail by car or foot, depending on your preference. This area hosts some of the most famous distilleries such as Aberlour and Glenfiddish.

We look forward to seeing you in Edinburgh! [Click here to register now!](#)



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ISEH 2025 Society Award Winners

- [March 11, 2025](#)

On behalf of the Awards Committee, ISEH would like to congratulate the recipients of the 2025 ISEH Society Awards which will be presented at the ISEH 54th Annual Scientific Meeting . Donald Metcalf Award Winner - Constanze Bonifer The recipient of the 2025 Donald Metcalf Award is Dr. Constanze ...

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Message from the President: 2021 Society Updates

- *March 25, 2021*

Dear Friends and Colleagues, I write this message reflecting upon what was an unprecedented time for hematology and hematology researchers. Looking back on last year, I am truly amazed by how our Society reacted to our member's experiences with lab shutdowns, socioeconomic upheaval in reaction ...

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Lab Spotlight: Vanuytsel Lab

- *November 14, 2024*

Each month, Simply Blood spotlights a lab contributing to the fields of hematology, immunology, stem cell research, cell and gene therapies, and more. Get to know groups doing cutting edge research from around the world! This month, we are featuring the Vanuytsel Lab which is based out of the Center for ...

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